

# VITUS GROUP

 **Project Access**  
Resource Centers  
Education. Engagement. Empowerment.

**2016 OWNER ANNUAL REPORT**

## SERVING RESIDENTS IN

- Golden West Tower
- 615 Manhattan
- Meadowbrook



**91%**

of residents indicated that Project Access services helped them improve a current life situation

**99%**

of residents would recommend Project Access Resource Center's services to neighbors

**91%**

of residents reported that health workshops, screenings, nutrition classes and referrals increased healthy behaviors in their family



**1,005 RESIDENTS**

served with health, education,  
and employment services



**216 COMMUNITY  
PARTNERSHIPS**



**\$115,530**

In-Kind Gifts  
received

**\$ 3,390**

Grant Funding  
received



## HEALTH

**Goal:** Provide education to increase knowledge of proper nutrition, preventative services, and access to health resources to improve residents' health.

**6,512** healthy snacks, breakfasts and lunches were distributed

**686** residents participated in health education programs such as preventative screenings (i.e. glucose, blood pressure), health fairs, exercise classes, nutrition and food distribution programs

**264** residents combated obesity by participating in nutrition and exercise programs

**244** youth received snacks that encouraged healthy eating habits



**100%**

of residents reported that Project Access Resource Center staff was helpful

**94%**

of residents indicated that their children's access to fruits and vegetables has improved

**100%**

of teens reported improved communication, decision making, and conflict resolution

## EDUCATION FOR YOUTH

**Goal:** Ensure all youth have access to resources needed to increase academic achievement; opportunities for leadership development; and awareness of opportunities for social mobility.

**308** youth participated in out-of-school time activities to build academic, social and emotional skills

**261** youth participated in the After-School Tutoring program

**72%** youth demonstrated improved problem solving skills

**54%** youth improved their behavior as indicated by the Citizenship grade

**60%** youth showed positive achievement in reading and math grades

**27** teens participated in educational programs to build their leadership skills and reduce risky behavior

**10** teens visited San Diego Community College





## SENIOR EMERGENCY ASSISTANCE FUND

Over **\$6,157** was awarded to **18** seniors through the Project Access Senior Emergency Assistance Fund.



## INDEPENDENT LIVING FOR SENIORS

**Goal:** To decrease social isolation and improve their quality of life to help keep the residents living independently.

- 284** seniors participated in socialization and transportation programs
- 96%** of seniors reported an improved sense of community
- 88%** of seniors reported that Project Access has helped them improve a current life situation and increased health behaviors



## TECHNOLOGY

**Goal:** Address the digital divide and increase residents' access to technology.

- 468** adults and youth accessed technology through Project Access computer labs or participating in computer classes
- 74%** residents reported that Project Access computer labs have improved their access to information such as job opportunities, health resources and social connections

## CAPACITY BUILDING FOR ADULTS

**Goal:** Assist residents to attain or retain employment; gain skills to increase earning potential; and improve knowledge on saving money, reducing debt and building financial assets.

- 244** residents received employment readiness, financial literacy, parenting programs, and English learning assistance
- 69** residents significantly increased their ability to speak, read and write English
- 43** residents learned to better manage their finances

Project Access Staff met with residents to provide personal coaching and support in Financial Asset Building resulting in over \$379 total in assets for their savings

- 25** residents participated in Job Readiness services such as resume and employment application writing assistance
- 12 residents** were successful in securing a job after receiving Employment Assistance from our Resource Centers



# COMMUNITY-BUILDING EVENTS & INFORMATION REFERRAL SERVICES

**667** residents received referrals to off-site services, participated in community-building events or received translation and interpretation services

**611** residents encouraged community cohesiveness and built social capital through participation in community-building events

**442** residents received a referral to an off-site service; 1,191 different referrals were made in total



**MEET  
MS. YOON!  
AGE 73**

## PROJECT ACCESS SENIOR ASSISTANCE FUND

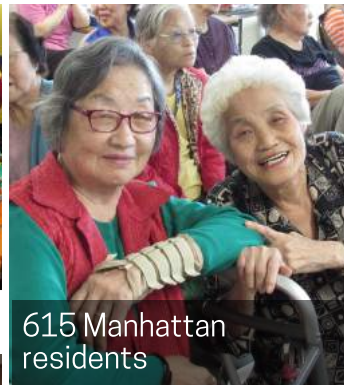
Ms. Yoon is a resident at 615 Manhattan Apartments in Los Angeles, California. In the past year, her husband was hospitalized for serious health issues that threatened his life. The couple received Supplemental Security Income (SSI) on a monthly basis to pay for their living expenses. With a majority of their SSI being spent on rent, utility, and food expenses, the couple struggled to pay both their Medicare insurance premiums and the added medical expenses during Mr. Yoon's hospitalization.

When Mr. Yoon passed, Ms. Yoon was left with large unpaid medical bills. Struggling to pay for both her living expenses and growing medical debt, Ms. Yoon sought help from the Project Access Resource Center on site. With the support of Project Access staff, she enrolled in a support group to help her cope with the loss of her partner and was awarded \$500 from the Senior Assistance Fund to help her pay for her expenses!

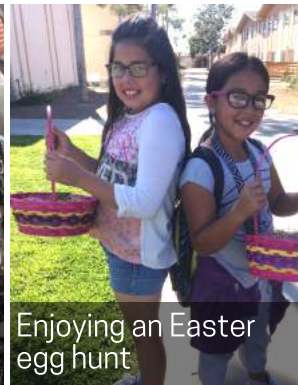
Now, Ms. Yoon has paid off all her medical bills and has a support group of friends and neighbors to help her cope with her recent loss. "Thanks to Project Access, I am now free from my medical debt and can focus on my health and well-being."



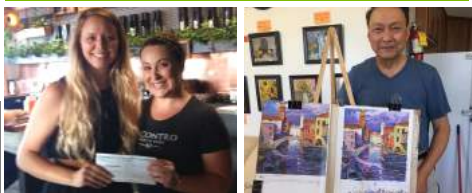
Meadowbrook residents enjoying Mother's Day Celebration



615 Manhattan residents



Enjoying an Easter egg hunt



Residents participating in After School Program at Meadowbrook

## THANK YOU!

Project Access delivers resident services onsite at Family and Senior Resource centers located in housing communities. Providing services where people live enables Project Access staff to target the specific needs within the community and eliminates traditional barriers to services, such as transportation. The programs and services provided at the Resource Centers are critical for residents, allowing them to not only find and utilize available resources, but also access the support needed to become more self-sufficient. In 2016, Project Access served 61 communities in California, Arizona, Colorado, and Georgia. Thank you for choosing Project Access to provide services to your residents!