

KDF COMMUNITIES

 **Project Access**
Resource Centers
Education. Engagement. Empowerment.
2016 OWNER ANNUAL REPORT

SERVING RESIDENTS IN

Breezewood ▪ Casa Real ▪ Charter Court ▪ Cypress Villa ▪ Glen Haven
Glen View ▪ Malabar ▪ North Hills ▪ Orchard Glen ▪ Valley Palms ▪ Villa Monterey ▪ The Village at Hesperia

90%

of residents reported that health workshops, screenings, nutrition classes and referrals increased healthy behaviors in their family

99%

of residents would recommend Project Access Resource Center's services to neighbors

98%

of residents reported that Project Access Resource Center staff was helpful



1,812 RESIDENTS

served with health, education,
and employment services



**216 PARTNERSHIPS
ORGANIZATION WIDE**



\$104,744 **\$ 259,002**

In-Kind Gifts
received

Grant Funding
received



HEALTH

Goal: Provide education to increase knowledge of proper nutrition, preventative services, and access to health resources to improve residents' health.

- 7,481** healthy snacks, breakfasts and lunches were distributed
- 721** residents participated in health education programs such as preventative screenings (i.e. glucose, blood pressure), health fairs, exercise classes, nutrition and food distribution programs
- 361** youth received snacks that encouraged healthy eating habits
- 221** residents received preventative services to prevent emergency care
- 143** residents combated obesity by participating in nutrition and exercise programs

EDUCATION FOR YOUTH

Goal: Ensure all youth have access to resources to increase academic achievement; opportunities for leadership development; and awareness of opportunities for social mobility.

- 739** youth participated in out-of-school time activities to build academic, social and emotional skills
- 556** youth participated in the After-School Tutoring program
- 77%** youth showed positive achievement in reading and math grade
- 74%** youth improved their behavior as indicated by the Citizenship score
- 102** youth broadened their understanding of the world by participating in a field trip
- 97** teens participated in educational programs to build their leadership skills and reduce risky behavior

86%

residents indicated that Project Access services helped them improve a current life situation

94%

teens reported improved decision making skills and communication skills

100%

teens reported increased self-esteem, leadership opportunities, and conflict resolution skills



VOLUNTEERS & INTERNS MAKING AN IMPACT

▪ **88** people volunteered and donated **1,354** hours of their time, a value estimated at **\$23.56** per hour for a grand total of **\$31,901!**

▪ **45** interns provided **1,239** hours of program support.



INDEPENDENT LIVING FOR SENIORS

Goal: To decrease social isolation and improve their quality of life to help keep the residents living independently.

- 97** seniors participated in socialization and transportation programs
- 9** seniors awarded over **\$1,500** through the Emergency Assistance Program
- 81%** of seniors reported increased health behaviors and an improved sense of community
- 92%** of seniors reported that Project Access has helped them improve a current life situation



TECHNOLOGY

Goal: Address the digital divide and increase residents' access to technology.

- 648** adults and youth accessed technology through Project Access computer labs or participating in computer classes
- 81%** residents reported that Project Access computer labs have improved their access to information such as job opportunities, health resources and social connections

CAPACITY BUILDING FOR ADULTS

Goal: Assist residents to attain or retain employment; gain skills to increase earning potential; and improve knowledge on saving money, reducing debt and building financial assets.

- 195** residents received employment readiness, financial literacy, parenting programs, and English learning assistance
- 82** residents learned to better manage their finances
- Project Access Staff met with 15 residents at least once to provide personal coaching and support in Financial Asset Building resulting in over **\$2,077 total** in assets set aside to meet short- and long-term goals
- 100%** of residents indicated that the information they received will help them save more money and/or reduce their debt
- 42** residents participated in Job Readiness services such as resume and employment application writing assistance
- 8 residents** were successful in securing a job after receiving Employment Assistance from our Resource Centers
- 100%** of the residents indicated that the assistance they received was helpful in securing employment
- 28** residents were supported with parent education



COMMUNITY-BUILDING EVENTS & INFORMATION REFERRAL SERVICES

1,625

residents received referrals to off-site services, participated in community-building events or received translation and interpretation services

1,241

residents encouraged community cohesiveness and built social capital through participation in community-building events

579

residents received a referral to an off-site service; **1,228** different referrals were made in total



MEET ALEX!
AGE 19

OVERCOMING OBSTACLES THROUGH ENGAGEMENT & EDUCATION

One example of a life transformed by Project Access is Alex. Alex is a 19 year-old teen who participated in our After-School Tutoring and Teen Leadership program for over 5 years. In addition to being a star athlete and receiving a full scholarship to the University of Redlands, Alex also worked 30-hours a week at McDonalds during his senior year of high school to support his single mother and his younger brother.

His future was completely changed when his mother was diagnosed with cancer. Alex put his college scholarship on hold to stay in San Jose to care for her. Despite this challenge, Alex continues to volunteer and mentor other young teens in the community, and is spearheading the Youth Leadership Committee at the Valley Palms Resource Center.

He continues to work to support his family, and currently attends community college with the hopes of transferring to San Jose State University in the spring to pursue a degree in engineering. Alex is a leader in his neighborhood and a strong role model for the other youth in the program who are pursuing pathways out of poverty despite facing significant challenges.



THANK YOU!

Project Access delivers resident services onsite at Family and Senior Resource centers located in housing communities. Providing services where people live enables Project Access staff to target the specific needs within the community and eliminates traditional barriers to services, such as transportation. The programs and services provided at the Resource Centers are critical for residents, allowing them to not only find and utilize available resources, but also access the support needed to become more self-sufficient. In 2016, Project Access served 61 communities in California, Arizona, Colorado, and Georgia. Thank you for choosing Project Access to provide services to your residents!

