

BETHESDA

SERVING RESIDENTS IN

▪ Park Vista ▪

PARK VISTA
Learning Center
PROJECT ACCESS



84%

of residents indicated that Project Access services helped them improve a current life situation

98%

of residents would recommend Project Access Resource Center's services to neighbors

83%

of teens reported improved decision making skills, conflict resolution skills, and knowledge on greater social mobility



369 RESIDENTS

served with health, education,
and employment services



12,877 UNITS OF SERVICE PROVIDED



\$31,489

In-Kind Gifts
received

\$13,081

Grant Funding
received



HEALTH

Goal: Provide education to increase knowledge of proper nutrition, preventative services, and access to health resources to improve residents' health.

148 residents participated in health education programs such as preventative screenings, health fairs, exercise classes, nutrition and food distribution programs

73% of residents reported that health workshops, screenings, nutrition classes, and referrals to outside organizations increased healthy behaviors in their family

76 residents participated in preventative services to prevent emergency care (i.e. glucose and blood pressure screenings)

41 residents combated obesity by participating in nutrition and exercise programs

3,638 healthy snacks, meals and food boxes were distributed to residents

88% of residents indicated that their children's access to fruits and vegetables has improved

EDUCATION FOR YOUTH

Goal: Ensure all youth have access to resources needed to increase academic achievement; opportunities for leadership development; and awareness of opportunities for social mobility.

14 3-5 year old children participated in School Readiness programs

102 youth participated in the After-School Tutoring program

- **86%** youth improved their behavior as indicated by the Citizenship score
- **59%** youth showed positive achievement in reading and math grades

28 teens participated in educational programs to build their leadership skills and reduce risky behavior

- **100%** of teens reported increased self-esteem, leadership opportunities, and improved communication skills



98%

of residents reported that Project Access Resource Center staff was helpful



VOLUNTEERS MAKING AN IMPACT

6 people volunteered and donated **39** hours of their time, a value estimated at **\$23.56** per hour for a grand total of **\$919!**



TECHNOLOGY

Goal: Address the digital divide and increase residents' access to technology.

- 193** adults and youth accessed technology through Project Access computer labs or participating in computer classes
- 86%** residents reported that Project Access computer labs have improved their access to information such as job opportunities, health resources and social connections



CAPACITY BUILDING FOR ADULTS

Goal: Assist residents to attain or retain employment; gain skills to increase earning potential; and improve knowledge on saving money, reducing debt and building financial assets.

- 58** residents received employment readiness, financial literacy, parenting programs, and English learning assistance
- 45** residents learned to better manage their finances
- Project Access Staff met with **5** residents at least once to provide personal coaching and support in Financial Asset Building resulting in over **\$750** total in assets for their savings
- 31** residents participated in parent education classes to improve their parenting skills
- 2** residents participated in Job Readiness services such as resume and employment application writing assistance
- 1 resident** was successful in securing a job after receiving Employment Assistance from our Resource Centers



COMMUNITY-BUILDING EVENTS & INFORMATION REFERRAL SERVICES

280

residents received referrals to off-site services, participated in community-building events or received translation and interpretation services

103

residents received a referral to an off-site service; **231** different referrals were made in total

91%

of residents reported that they felt safe in the community that they lived in

HELPING CHILDREN GROW



**MEET LAURA!
AGE 4**

Laura is 7 years old and attended the School Readiness program at Park Vista Apartments for 9 months. With the support of the program and her parents, Laura showed tremendous educational growth.

When Laura first began with Project Access she struggled with the alphabet, numbers, colors, and shapes. It was also very difficult for Laura to spell her first and last name. With the support of Project Access and her parents, Laura is now capable of writing her name, count to 20, and identify basic colors and shapes. Laura's attitude has changed about school - she is much more confident and is looking forward to the new school year!



THANK YOU!

Project Access delivers resident services onsite at Family and Senior Resource centers located in housing communities. Providing services where people live enables Project Access staff to target the specific needs within the community and eliminates traditional barriers to services, such as transportation. The programs and services provided at the Resource Centers are critical for residents, allowing them to not only find and utilize available resources, but also access the support needed to become more self-sufficient. In 2016, Project Access served 61 communities in California, Arizona, Colorado, and Georgia. Thank you for choosing Project Access to provide services to your residents!

